**Title**

Introduction

Everyone makes mistakes and it is how we react to these that matter. We want to be better than we are. Feeling good about ourselves often come from finding success in what we do. Sometimes, we want to create change but either do not know how to or we procrastinate too much. Therefore, creating goals are important and we should constantly revisit them to see if we are on track or if they still deem important. Goals vary in importance and in length. **The following goals are important to me and by identifying specific objectives for each, I hope to persevere and accomplish them all.** For some of my goals they may seem simple and yet the journey can be challenging. I am ready to face them!

Goal #1

Sometimes school is very frustrating for me and I don’t do as well as I would like. I am determined to do better and not just acquire knowledge but develop skills that will open doors for the future. **My goal is to submit more work in all academic classes with Mr. Kraus and Mr. Tran**.

* Use the **planner** on a daily basis,
* Know the **criteria** of all work and make sure the adaptations are given if needed,
* Have a flex schedule: Mondays – Tran (math), Tuesday (science), Wednesday (socials)
	+ - * Thursday – Kraus (English) and,
* Bring supplies and be organized.

This goal is a medium-term goal and I can’t wait to see the difference in 6 months. I will constantly check in with my teachers and stay on top of my checklist to keep me on track.

Goal 2

Goal 3

Conclusion

How are you going to monitor yourself?

Why are these important?

In the case of goal number 1 above will this help you: pass?

 get high grades?

 prepare for post-secondary?

 Feel good about self?